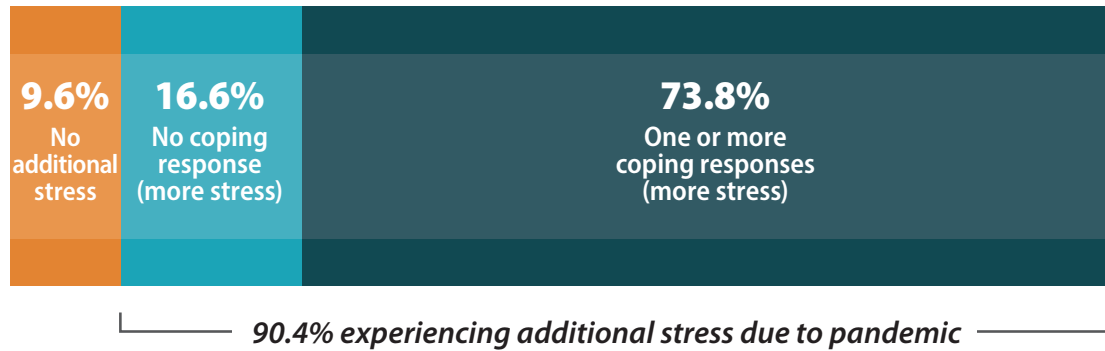
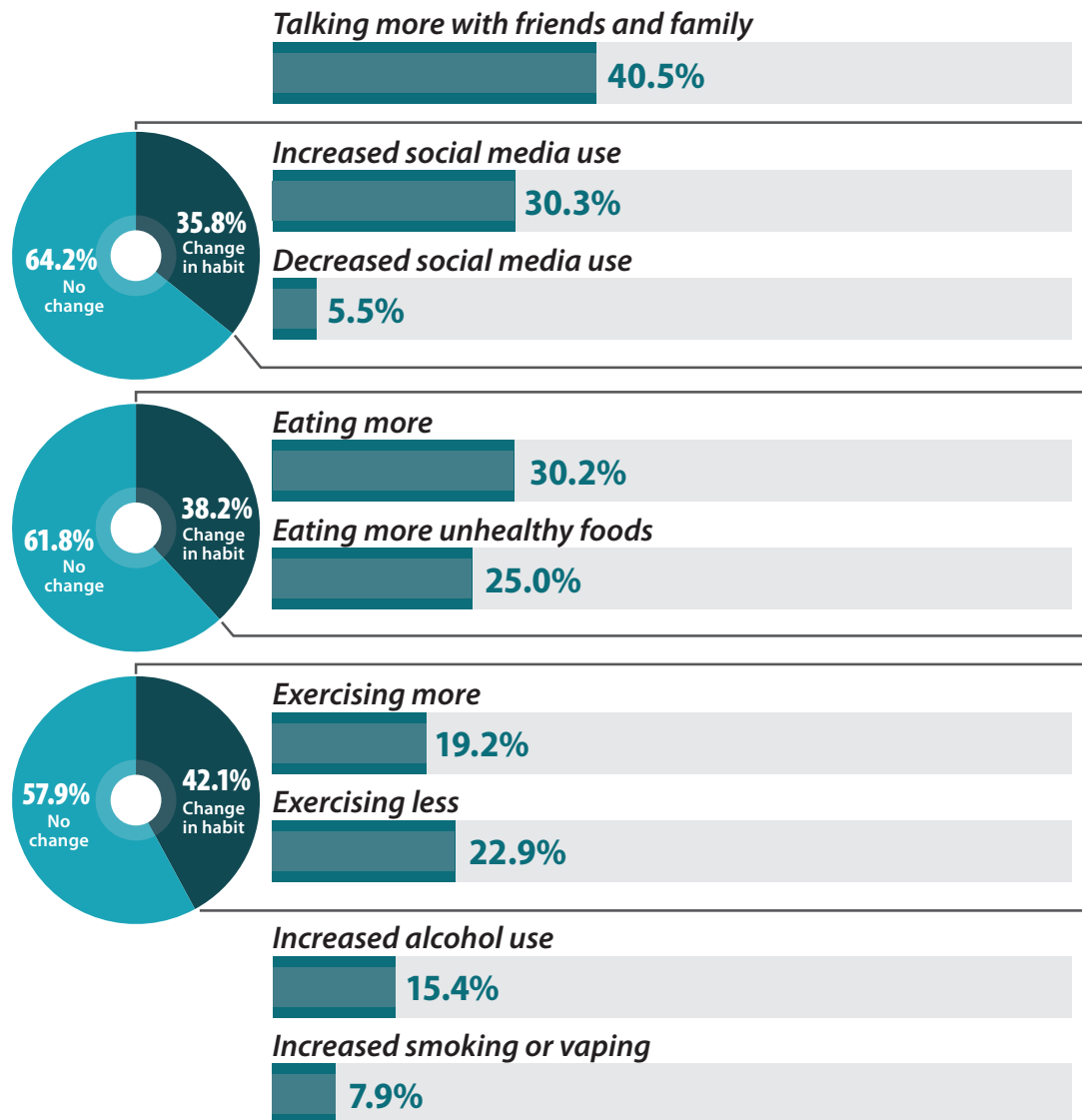


Figure 1. Percentage of U.S. Adults Who Report Coping Responses to Pandemic Stress



Source: SHADAC analysis of SHADAC COVID-19 Survey, conducted as part of the AmeriSpeak omnibus survey by NORC at the University of Chicago (April 24-26).

Figure 2. U.S. Adults' Coping Responses to Pandemic Stress

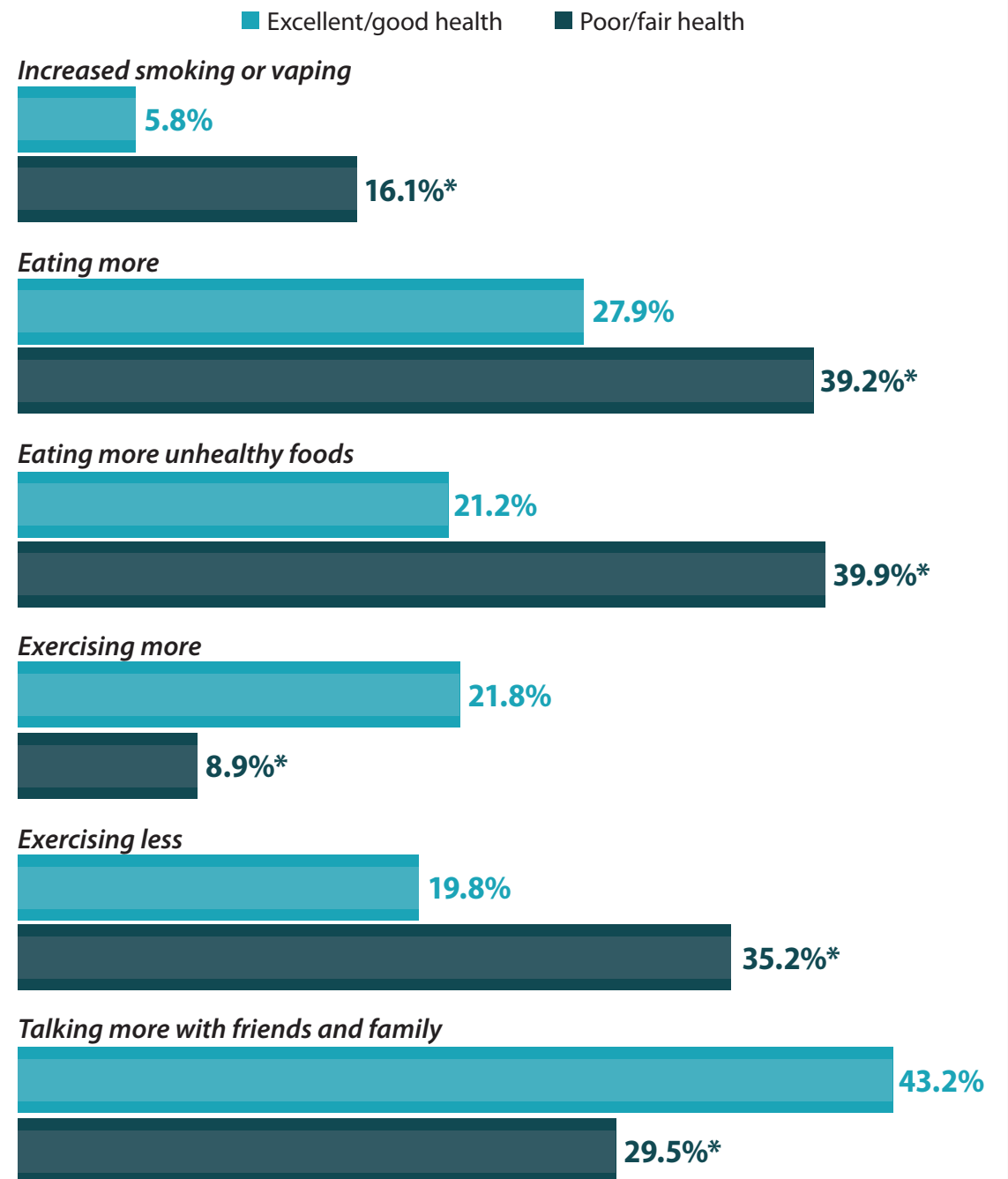


Note: "Eating more" and "Eating more unhealthy foods" are not mutually exclusive, therefore these rates do not sum to the combined "change in habit" rate.
Source: SHADAC analysis of SHADAC COVID-19 Survey, conducted as part of the AmeriSpeak omnibus survey by NORC at the University of Chicago (April 24-26).

90 percent of U.S. adults report increased stress due to pandemic



Figure 3. U.S. Adults' Coping Responses to Pandemic Stress, by Health Status



Note: * Statistically significant difference from the excellent/good rate at the 95% level.
Source: SHADAC analysis of SHADAC COVID-19 Survey, conducted as part of the AmeriSpeak omnibus survey by NORC at the University of Chicago (April 24-26).